## **Deniz Kayadelen**

Deniz Kayadelen knows all about leaving her comfort zone and testing her limits. As a world record holder and extreme swimmer, she does this again and again in an impressive way. She is also a business psychologist, ICF-certified coach and founder of her company "Out of Comfort Zone". "Unleash your potential – outside your comfort zone. We can achieve much more than we think, no matter where and when. It's never too late and we can create our own reality." With a Master's degree in Business Psychology and over 12 years of experience as a consultant in talent management and...

## Topics

Adventure & Experiences, Change-Management, Diversity & Inclusion, Leadership & Recruiting , Motivation, Resilience & Stress Management, Rhetoric & Communication, Sport, Teamwork & Teambuilding, TED & TEDx, Transformation, Innovation & Technology

## Languages

English, German







