

Extreme athlete in extreme situations, police officer & high performance coach



Torsten Kleint

Torsten Kleint, a police officer with a passion for extreme sports, has made a name for himself as an international high performance coach. His work focuses on supporting entrepreneurs, executives and the self-employed. He is known for his ability to overcome challenges and uses his extensive knowledge and experience in various disciplines to help others overcome their own limits. His expertise spans many areas – from personal development to mental empowerment. His background as a helicopter pilot, extreme paraglider and mountain guide has given him unique insights into the dynamics of risk and self-confidence. He uses these experiences to teach...

Topics

Adventure & Experiences, Change-Management, Leadership & Recruiting, Motivation, Resilience & Stress Management, Rhetoric & Communication, Sport, Teamwork & Teambuilding

Languages

German



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