Extreme athlete in extreme situations, police officer & high performance coach

Torsten Kleint

Never give up – Torsten Kleint is Germany’s toughest mental coach He is a police officer and former member of the Special Forces, an IVBV mountain guide, a 5-time black belt holder and martial arts master, one of the top 100 paragliders worldwide, and a member of the BVMID – Bundesvereinigung Mittelstand in Deutschland. Torsten Kleint has made a name for himself as an international high performance coach. His work focuses on supporting entrepreneurs, executives and the self-employed. He is known for his ability to overcome challenges and uses his extensive knowledge and experience in various disciplines to help others overcome their…



Topics

Adventure & Experiences, Change-Management, Leadership & Recruiting, Motivation, Resilience & Stress Management, Rhetoric & Communication, Sport, Teamwork & Teambuilding

Languages

German

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