



# Sebastian Wächter

One moment, one wrong movement while hiking – a broken neck. The diagnosis: paraplegia of the cervical vertebrae. 95% of his muscles are permanently paralyzed. One of the most drastic changes a person can experience. But Sebastian Wächter was not discouraged: He became a national league player in wheelchair rugby, successfully completed his master's degree in business mathematics and works as a stock analyst. Sebastian Wächter doesn't just talk about change, he has lived through and mastered it himself. Today, he supports companies in setting their transformation processes in motion – and leads the way as an impressive role model...

## Topics

Change-Management, Diversity & Inclusion, Employer Branding & Human Resources, Leadership & Recruiting, Motivation, Resilience & Stress Management, Society, Teamwork & Teambuilding, TED & TEDx

## Languages

English, German

