



Anja Blacha

Anja Blacha pushes her limits to show everyone that there are none. Thus, the extreme athlete fought her way alone with a sledge weighing over 100 kilos over a 1400-kilometre distance through Antarctica to the South Pole in only 58 days – a historical record, because it was the longest “solo, unsupported, unassisted” polar expedition by a woman in history. At the same time, she was also the youngest woman ever to succeed in such a polar expedition. Upon reaching her destination, she raised her flag with the message “NOT BAD FOR A GIRL”. Anja Blacha gives talks on motivation, goals...

Topics

Adventure & Experiences, Change-Management, Diversity & Inclusion, Employer Branding & Human Resources, Leadership & Recruiting, Motivation, Resilience & Stress Management, Sport, Teamwork & Teambuilding, TED & TEDx, TED & TEDx

Languages

English, German

