Thought Leader, Expert Work Culture & Health

Dr. Eva Elisa Schneider

Dr. Eva Elisa Schneider is a successful speaker and trainer. She has a huge expertise on mental health, as she holds a doctorate in psychology and is a licensed psychotherapist. She is a passionate ambassador for mental health and advocates for a modern working world in which mental health can be openly addressed. Dr. Eva Elisa Schneider is considered one of the leading minds on the topic of mental health in Germany and is an always welcomed guest in podcasts, interviews and panel discussions. While she was working as a psychotherapist, she quickly noticed that many people massively suffer from…



Topics

Change-Management, CSR, Climate & Sustainability, Employer Branding & Human Resources,

ESG & CSR, Health & Nutrition, Leadership & Recruiting, New Work & New Culture, Resilience & Stress Management, Society, Teamwork & Teambuilding

Languages

English, German

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