Olympic Champion in the German Rowing Eight, Expert in High Performance, Resilience & Leadership in Times of Change

Andreas Kuffner



Andreas Kuffner – Olympic Champion and Expert on High Performance in Times of Change
How do individuals, teams, and organizations maintain high performance when conditions are constantly changing? Andreas Kuffner understands this challenge from two perspectives: as an Olympic and world champion in the German men's eight, and through his current work as a systemic coach, speaker, and mentor to executives, teams, and organizations. Sixteen years of high-performance sports have taught him that peak performance requires far more than talent, discipline, and motivation. What matters most is the interplay of personal clarity, effective collaboration, and an environment that enables performance….

Topics

Change-Management, Leadership & Recruiting, Motivation, New Work & New Culture, Resilience & Stress Management, Sport, Teamwork & Teambuilding, Transformation & Digitalization

Languages

English, German

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LEADING MINDS GmbH
Gerstäckerweg 3a | 14089 Berlin (Germany)
+49 (0)30 640 777 42 | contact@leading-minds.com | leading-minds.com