

Olympic Champion in the German Rowing Eight, Expert on Leadership, Resilience building & Mental strength



Andreas Kuffner

Andreas Kuffner – Olympic champion, world champion, and expert in team and cultural development. Andreas Kuffner uniquely combines the world of elite sports with systemic consulting and coaching. He made sporting history with the legendary German eight: after 24 years, the team managed to win gold again at the 2012 Olympic Games in London. In addition to this gold medal, he also won silver, world championship titles, and numerous World Cup victories. Today, he brings his experience from high-performance sports to his work—with clear impetus for team development, resilience, and value-adding corporate cultures. This makes him one of the most...



Topics

Change-Management, Health & Nutrition, Leadership & Recruiting, Motivation, Resilience & Stress Management, Sport, Teamwork & Teambuilding

Languages

English, German

