



Dilar Kisikyol

Dilar Kisikyol uniquely combines athletic excellence with deep social commitment. As a former world boxing champion, trained social pedagogue, and gymnastics instructor, she has dedicated herself to empowering people through movement, discipline, and mental strength. Her work stands for empowerment, resilience, and inclusion – values she not only teaches but truly embodies. Born as one of triplets and prematurely, Dilar Kisikyol had to learn to fight early on. At the age of 16, she discovered boxing and found it to be more than just a sport. Boxing strengthened her, gave her discipline and self-confidence, and taught her to fight for...

Topics

Diversity & Inclusion, Motivation, Resilience & Stress Management, Society, Sport

Languages

German

