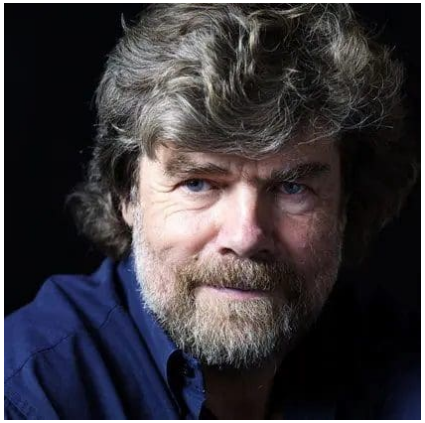
Extreme mountaineer, Adventurer, Border crosser & Bestselling author

Reinhold Messner



Born in South Tyrol in 1944, Reinhold Messner is one of the world's most successful mountaineers. In over 3,000 mountain tours, he has mastered around 100 first ascents, climbed all 14 eight-thousanders and crossed Antarctica and Greenland on foot. He climbed Mount Everest, the highest mountain on earth, twice, the first person to do so alone and without oxygen. Lecture topics Reinhold Messner Challenges & obstacles on the way to the top Management & Leadership Risk management & borderline experiences Motivation & Success Back in the mountains: Mountaineering as a way of life As an extreme sportsman, mountaineer, border crosser,…

Topics

Adventure & Experiences, Employer Branding & Human Resources, Health & Nutrition, Leadership & Recruiting, Motivation, Resilience & Stress Management, Sport, Teamwork & Teambuilding

Languages

English, German

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