Adventurer & Author, Expert on Motivation & Resilience

Rob Lilwall

Rob Lilwall is a motivational speaker. He is transforming lives and elevating events. Rob Lilwall lives in Singapore and is one of the world's most remarkable adventurers. He has travelled more than 80,000 kilometres on foot and by bicycle, including journeys through Siberia, Afghanistan and China's infamous "Desert of Death." He has delivered keynote speeches to audiences of over 100,000 people across more than 20 countries and is highly praised by business leaders and event organisers alike. They value his ability to genuinely connect with audiences, deliver practical insights, and draw clear links between his stories and their business objectives….



Topics

Adventure & Experiences, Motivation, New Work & New Culture, Resilience & Stress Management, TED & TEDx

Languages

English

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