Physician, Radiologist, Bestselling Author

Prof. Dr. Dietrich Grönemeyer



Prof. Dr Dietrich Grönemeyer strengthens the (mental) health of your employees – and thus the performance of your company. With his lectures, he conveys the competence to take (co)responsibility for one's own health, to interpret body signals correctly and to deal with one's own resources more consciously. Because if you understand how nature, nutrition, posture and exercise belong together and can counteract illnesses, you are investing in performance and quality of life. Dietrich Grönemeyer is an enthusiastic and inspiring speaker. For seven years he hosted his own health TV programme on ZDF. As a scientist, entrepreneur, author and visionary, he…

Topics

CSR, Climate & Sustainability, Employer Branding & Human Resources, Health & Nutrition, Megatrends & Education, New Work & New Culture, Resilience & Stress Management, Sport, Trends, Future & Science

Languages

English, German

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