

# Michael Langheinrich



Michael Langheinrich acts as both a speaker and a coach, focusing on topics such as cognitive flexibility, mental strength, willpower, decision-making and error culture. For over 25 years, he has supported and accompanied people in improving their professional careers, making everyday life more successful and realising their individual ideas and desires. His goal is to empower them to embark on their life's journey without restriction. Michael Langheinrich accompanies organisations, teams, entrepreneurs and self-employed people in achieving personal excellence. He helps to identify and overcome challenges, achieve results and overcome crises. In doing so, he draws on his experience as a...

## Topics

Change-Management, Motivation, Resilience & Stress Management

## Languages

German

