

Felix Strobl

KEY NOTE

Neuroscientist · Opera & Pop Tenor · Health Innovator

"Where opera meets neuroscience - and the stage becomes a laboratory for human resilience."

The Concept

Felix Strobl doesn't walk on stage with a presentation. He walks on stage with his voice. An aria. A pop classic. Before a single word about neuroscience is spoken, the audience has already experienced something - a shift in the nervous system, a moment of stillness. This is not a warm-up. This is the method. What follows is infotainment at the highest level: scientifically precise, emotionally accessible, physically experienced.

The Narrative Arc - 20 to 40 Minutes

I Emotional Opening

Live opera and pop singing on stage. Not a gimmick - a targeted neurobiological intervention. The brain is made receptive before it is informed.

II Endogenous Factors

The nervous system in an accelerated world. Allostatic load - why chronic stress is a cumulative biological debt. Regulation of the ANS as the key to performance and resilience.

III Exogenous Factors & the Exposome

The sum of all environmental influences: noise, light, pollutants, digital overstimulation. Why the modern world is biologically costly - for health and decision-making capacity.

IV Interactive Breathing Exercise

The audience experiences live how breath regulation measurably changes the nervous system. Scientific proof that endogenous factors are controllable.

The USP - What Makes Felix Strobl Unique

Multisensory from the first second

No other keynote speaker combines classical singing, pop performance, neuroscience (MSc King's College London) and interactive body work in one coherent format.

Science you feel - not just understand

The audience leaves the room with a physical experience that anchors knowledge. The difference between a talk and a keynote.

Infotainment without loss of substance

Entertainment is not the costume of science - it is the pathway to it.

Voices from the Audience

"Felix Strobl makes theory on stage tangible - audible and felt. With knowledge, piano and voice, he captivated our audience at the BIG BANG AI Festival."

- Organisers Team, Big Bang AI Festival, Berlin

"His unique approach of opening with a performance set a distinctive tone - a multi-sensory experience beyond the traditional keynote format."

- Vanessa Reis, Zurich Convention Bureau, Zurich Tourism

"Participants left the talk not only inspired, but well equipped to pass these insights directly on to their clients."

- Anja Hussong, BBNS Biofeedback Neurofeedback Switzerland

Format

20 to 40 minute keynote

Expandable as a workshop or half-day format

Languages: English · German · French

Target Audiences

Health conferences · Corporate events · Leadership programs · Longevity & prevention · Pharma & MedTech · Insurance · HR & wellbeing · Educational institutions

felix.strobl@premium-speakers.com

premium-speakers.com/en/speaker-presenter/felix-strobl/